

#### CAME OF SEASONS

#### Welcome to Seasonal Games Booklet

#### **Dear Readers**

This booklet is dedicated to discovering Europe's rich cultural heritage and promoting physical activity in a fun way. The project "GAME OF SEASONS / GameS", funded by the Erasmus+ Sports projects program of the European Union, aims to promote traditional games classified according to the seasons and to encourage active living among children.

This booklet offers you fun and interactive games to play in each season. Each game reflects the spirit of a different season and encourages you to enjoy the outdoors.

Together with our valuable partners from Turkey, Latvia and Bulgaria, we aim to offer you an unforgettable gaming experience. We invite you to discover the traditional games of Europe and adopt an active lifestyle.

We hope you enjoy using our booklet and that our games will provide you with a fun and healthy experience.

We wish you enjoyable reading and lots of fun games!

































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## GAME Z FLYPAPER (







- SETUP: PLAY ON A MARKED FIELD SUCH AS A BASKETBALL OR VOLLEYBALL COURT, OR MARK A FIELD OUTDOORS USING CONES OR TAPE.
- CHOOSING TEAMS: AT THE START, SELECT TWO PLAYERS TO BE THE "FLYPAPER." ALL OTHER PLAYERS ARE "FLIES."
- STARTING THE CAME: ON THE SIGNAL "CO," THE "FLYPAPER" PLAYERS START CHASING THE "FLIES."
- CATCHING FLIES: WHEN A "FLY" IS TOUCHED BY A "FLYPAPER," THEY BECOME PART OF THE "FLYPAPER."
- FIELD BOUNDARIES: ANY "FLY" WHO RUNS OUTSIDE THE FIELD AUTOMATICALLY BECOMES PART OF THE "FLYPAPER."
- END OF CAME: THE CAME CONTINUES UNTIL ONLY ONE "FLY" REMAINS UNCAUCHT, OR A PRESET TIME LIMIT EXPIRES.
- STRATECY: AS THE "FLYPAPER" CROWS, IT BECOMES HARDER TO MOVE. THE TEAM MUST USE STRATECIES LIKE BESIECING OR CORNERING THE "FLIES" TO CATCH THEM EFFICIENTLY.
- THE CAME ENCOURACES TEAMWORK AND STRATECY AS THE "FLYPAPER" CROWS.







# Came 3 OCTOPUS









FIELD SETUP: PLAY ON A DESIGNATED FIELD LIKE A BASKETBALL OR VOLLEYBALL COURT. IF OUTDOORS, USE CONES, TAPE, OR SOMETHING SIMILAR TO MARK THE FIELD BOUNDARIES.



CHOOSING THE OCTOPUS: AT THE START, CHOOSE ONE PLAYER TO BE THE "OCTOPUS." ALL OTHER PLAYERS LINE UP AT ONE END OF THE FIELD.



STARTING THE CAME: WHEN THE TEACHER SHOUTS "OCTOPUS," ALL PLAYERS RUN TO THE OPPOSITE END OF THE FIELD.



BECOMING A JELLYFISH: IF THE "OCTOPUS" TOUCHES A PLAYER, THAT PLAYER BECOMES A "JELLYFISH." JELLYFISH MUST STAND STILL IN THE SPOT THEY WERE CAUCHT AND CAN ONLY USE THEIR ARMS TO TAC OTHERS AS THEY RUN BY.



FIELD BOUNDARIES: ANY PLAYER WHO STEPS OUTSIDE THE FIELD ALSO BECOMES A "JELLYFISH."



REPEATING THE RUN: PLAYERS REPEATEDLY RUN BACK AND FORTH ACROSS THE FIELD UNTIL ONLY ONE REMAINS UNTACCED.



WINNING THE CAME: THE LAST PLAYER REMAINING WHO HASN'T BEEN TACGED IS THE WINNER. OPTIONALLY, SET A TIME LIMIT FOR THE CAME.



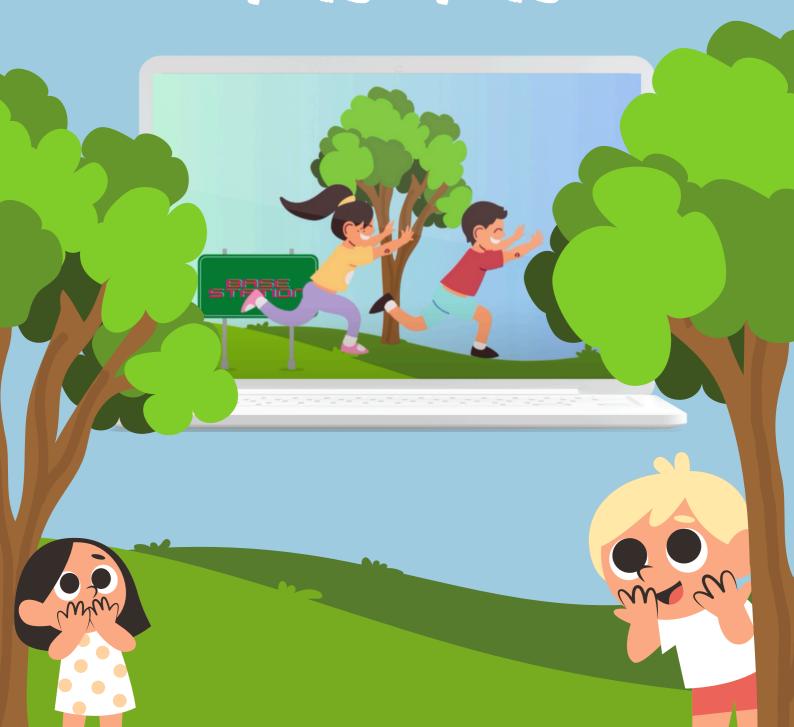
THIS CAME ENCOURACES ACILITY AND STRATECY, AS PLAYERS DODCE THE "OCTOPUS" AND "JELLYFISH" TO REMAIN UNTACCED.





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# Came 4 TUC-TUC







SELECTING THE SEEKER: PLAYERS CHOOSE THE FIRST "SEEKER" AND DEFINE THE CAME AREA, LIKE A YARD OR A SECTION OF THE STREET.



SETTING UP THE BASE STATION: CHOOSE A CENTRAL POINT, LIKE A TREE, LANTERN, OR POLE, TO SERVE AS THE "BASE STATION."



STARTING THE CAME: THE "SEEKER" CLOSES THEIR EYES AT THE "BASE STATION" AND COUNTS TO A PREDETERMINED NUMBER (50, 100, ETC.), CIVING THE OTHER PLAYERS TIME TO HIDE.



SEEKING AND FINDING: AFTER COUNTING, THE "SEEKER" SEARCHES FOR THE HIDDEN PLAYERS. UPON SPOTTING A PLAYER, THE "SEEKER" MUST RUN BACK TO THE "BASE STATION," TOUCH IT, AND ANNOUNCE THE FOUND PLAYER'S NAME AND HIDING SPOT.



HIDERS' COAL: THE "HIDERS" AIM TO SNEAK TO THE "BASE STATION" AND TOUCH IT BEFORE BEING FOUND BY THE "SEEKER." SUCCESSFUL "HIDERS" WHO REACH THE "BASE STATION" FIRST BECOME "IMMUNE" AND ARE NOT CHOSEN AS THE NEXT "SEEKER."



REACHING THE BASE STATION: IF THE "SEEKER" AND A "HIDER" RACE TO THE "BASE STATION," WHOEVER TOUCHES IT FIRST WINS THAT ROUND OF THE CHASE.



CHOOSING THE NEXT SEEKER: THE NEXT "SEEKER" CAN BE DECIDED IN TWO WAYS: A) THE FIRST PERSON FOUND BECOMES THE "SEEKER" FOR THE NEXT ROUND, OR B) A DRAW AMONG THOSE WHO WERE FOUND. IF NO ONE IS FOUND (ALL "HIDERS" REACH THE "BASE STATION" FIRST), THE CURRENT "SEEKER" REMAINS FOR THE NEXT ROUND.



THIS CAME TESTS PLAYERS, STEALTH AND SPEED, MAKING IT A LIVELY AND ENCACING CHALLENGE.



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# GAME 5 HICHER THAN CROUND







CHOOSING THE CATCHER: PLAYERS START BY SELECTING THE FIRST "CATCHER."



CATCHING TASK: THE "CATCHER'S" JOB IS TO CATCH OTHER PARTICIPANTS BY TOUCHING THEM.



CHANGING THE CATCHER: ONCE A PLAYER IS TOUCHED BY THE "CATCHER," THEY BECOME THE NEW "CATCHER" AND TRY TO CATCH OTHERS.



CAINING IMMUNITY: PARTICIPANTS CAN CAIN A BRIEF "IMMUNITY" BY STEPPING ONTO SOMETHING ELEVATED FROM THE GROUND, LIKE A ROCK OR A BENCH. THEY CAN STAY ON THIS SAFE SPOT FOR A MAXIMUM OF 5 SECONDS. DURING THIS TIME, THE "CATCHER" MUST FIND SOMEONE ELSE TO CATCH.



ENDING THE CAME: THERE IS NO SET END TIME FOR THE CAME. PLAYERS CAN DECIDE WHEN TO STOP PLAYING.





THIS CAME ENCOURACES QUICK MOVEMENTS AND STRATECIC PAUSINC, PROVIDING A FUN AND ACTIVE CHALLENCE FOR ALL PLAYERS.





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LONLEY ISLAND





SETTING UP THE FIELD: USE A STANDARD BASKETBALL OR VOLLEYBALL COURT, OR IF PLAYING OUTDOORS, LIKE ON A BEACH, DRAW THE FIELD IN THE SAND. YOU'LL ALSO NEED A "LONELY ISLAND," WHICH CAN BE A CYMNASTICS RING OR A CIRCLE DRAWN IN THE SAND.



NUMBER OF PLAYERS: THE CAME IS BEST WITH 15-30 PLAYERS, MAKING IT MORE EXCITING AND CHALLENGING.



CHOOSING THE SHARKS: AT THE START OF THE CAME, SELECT TWO PLAYERS TO BE THE "SHARKS."



STARTING THE CAME: ON THE SIGNAL "CO," THE SHARKS, WHO MUST HOLD HANDS, BEGIN CHASING THE OTHER PLAYERS.



CETTING CAUCHT: PLAYERS TOUCHED BY THE SHARKS MUST GO TO THE "LONELY ISLAND."



CREATING NEW SHARKS: ONCE THERE ARE TWO PLAYERS ON THE LONELY ISLAND, THEY PAIR UP AND BECOME NEW SHARKS, JOINING THE ORIGINAL SHARKS IN CATCHING THE OTHERS.



WINNING THE CAME: THE LAST PLAYER REMAINING WHO HAS NOT BEEN CAUCHT BY THE SHARKS WINS THE CAME.



THIS CAME INVOLVES STRATECY, ACILITY, AND TEAMWORK, AS PLAYERS NAVICATE THE FIELD TRYING TO AVOID BEING CAUCHT.



LONLEY ISLAND



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# RUNNING BASKETS







SETTING UP THE FIELD: USE A STANDARD BASKETBALL OR VOLLEYBALL COURT, OR IF PLAYING OUTDOORS, LIKE ON A BEACH, DRAW THE FIELD IN THE SAND.
EQUIPMENT NEEDED: CATHER 4-6 CYMNASTIC RINCS AND SMALL PLASTIC BALLS OR PINE CONES. THE NUMBER OF BALLS NEEDED IS THE TOTAL NUMBER OF PLAYERS MINUS THE NUMBER OF RINCS. FOR EXAMPLE, IF 20 KIDS ARE PLAYING AND 5 ARE RINC HOLDERS, YOU'LL NEED 15 BALLS.
DISTRIBUTING EQUIPMENT: EVERY FOURTH TO SIXTH PLAYER RECEIVES A CYMNASTIC RING, STEPS INTO IT, AND HOLDS IT AT HIP HEIGHT.
ROLE OF OTHER PLAYERS: ALL OTHER PLAYERS ARE CIVEN A SMALL PLASTIC BALL OR PINE CONE.
OBJECTIVE FOR BALL HOLDERS: THE COAL FOR PLAYERS WITH BALLS IS TO THROW THEIR BALL THROUGH ANY OF THE RINGS.
RING HOLDERS' DEFENSE: PLAYERS HOLDING RINGS CAN RUN OR MOVE THEIR RINGS TO DODGE INCOMING BALLS.
WHEN A BALL PASSES THROUGH A RING: IF A BALL SUCCESSFULLY PASSES THROUGH A RING, THE RING HOLDER STOPS, PLACES THE RING ON THE GROUND, CROSSES THEIR HANDS ON THEIR CHEST, AND REMAINS OUT FOR THE REST OF THE CAME.
ENDING THE CAME: THE CAME ENDS WHEN ALL RINGS ARE DOWN OR ONLY ONE RING HOLDER REMAINS, WHO IS THEN DECLARED THE WINNER.
THIS CAME COMBINES ACILITY, STRATECY, AND ACCURACY, MAKING IT FUN AND ENCACING FOR ALL PLAYERS.









SETTING BOUNDARIES: FIRST, DEFINE THE PLAYING AREA. THIS COULD BE INDOORS LIKE A SPECIFIC ROOM OR OUTDOORS LIKE A BACKYARD. ENSURE ALL PLAYERS KNOW THE BOUNDARIES AND ANY AREAS THAT ARE OFF-LIMITS.



CHOOSING A SEEKER: SELECT THE FIRST SEEKER EITHER THROUGH A RANDOM CHOICE OR BY TAKING TURNS.



#### COUNTING AND HIDING:

- THE SEEKER COVERS THEIR EYES AT A HOME BASE, FACES A WALL, AND COUNTS TO A PREDETERMINED NUMBER (USUALLY 10 OR 20), CIVING THE HIDERS TIME TO FIND SPOTS WITHIN THE DESIGNATED BOUNDARIES.
- HIDERS MUST QUIETLY FIND AND SETTLE INTO THEIR HIDING SPOTS DURING THIS COUNT.



#### SEEKINC:

- AFTER COUNTING, THE SEEKER ANNOUNCES, "READY OR NOT, HERE I COME!" AND STARTS SEARCHING FOR THE HIDERS.
- THE SEEKER LOOKS AROUND THE PLAYING AREA, TRYING TO FIND WHERE THE HIDERS ARE CONCEALED.

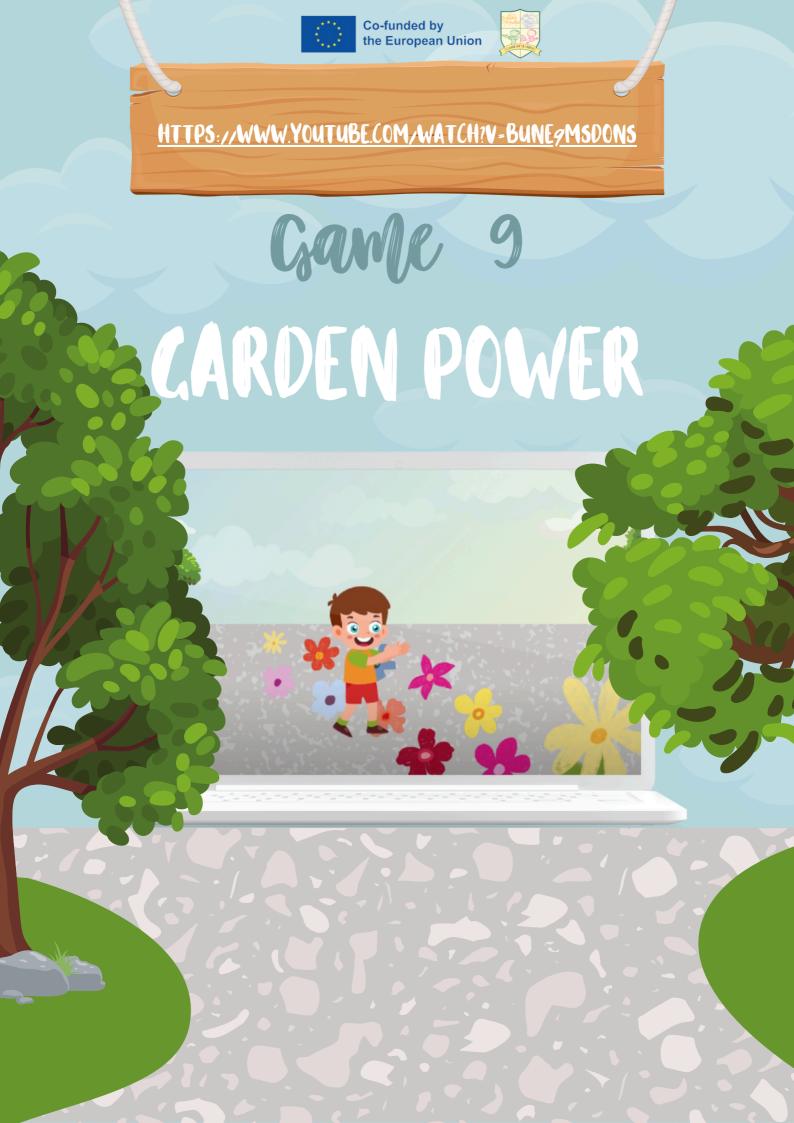


FINDING HIDERS: IF THE SEEKER SPOTS A HIDER, THEY CALL OUT THEIR NAME OR SAY, "I SEE YOU!" ONCE FOUND, HIDERS USUALLY JOIN THE SEEKER IN SEARCHING FOR OTHERS.



#### ENDING THE CAME:

- THE CAME ENDS WHEN ALL HIDERS ARE FOUND, A PREDETERMINED TIME LIMIT IS REACHED, OR IF HIDERS ARE UNACCOUNTED FOR, THE SEEKER CAN CALL OUT, "OLLY, OLLY OXEN FREE!" TO SICNAL THE CAME IS OVER AND IT'S SAFE FOR HIDERS TO RETURN WITHOUT BEING TACCED.
- THE LAST HIDER FOUND TYPICALLY BECOMES THE SEEKER FOR THE NEXT ROUND.







SETUP: PREPARE A COURSE WITH VARIOUS DRAWN SECTIONS INCLUDING CIRCLES, SMALL FLOWER DRAWINGS LEADING TO A BIG FLOWER, A TRADITIONAL HOPSCOTCH CRID, AND A FINAL SECTION CALLED 'THE CARDEN OF FLOWERS.'



STARTING THE CAME: EACH PLAYER TAKES TURNS. THE FIRST STEP INVOLVES HOPPING ON ONE FOOT FROM CIRCLE TO CIRCLE, STARTING WITH THE FIRST CIRCLE AND CONTINUING TO EACH SUBSEQUENT CIRCLE.



FOLLOWING THE FLOWER PATH: AFTER THE CIRCLES, PLAYERS FOLLOW A PATH MARKED BY SMALL FLOWER DRAWINGS UNTIL THEY REACH A LARGE FLOWER DRAWING.



BIC FLOWER CHALLENCE: AT THE BIC FLOWER, PLAYERS MUST SPIN AROUND 360 DECREES THREE TIMES BEFORE MOVING ON.



HOPSCOTCH CRID: PLAYERS THEN PROCEED TO A HOPSCOTCH CRID, WHERE THEY MUST HOP INTO EACH PAIR OF SQUARES WITH BOTH FEET, MOVING FROM THE START TO THE END OF THE CRID.



THE CARDEN OF FLOWERS: THE FINAL CHALLENGE IS 'THE CARDEN OF FLOWERS,' WHERE PLAYERS STEP ON EACH FLOWER IN THE ROWS AND MUST WALK LIKE A PENCUIN WHILE STEPPING FROM ONE FLOWER TO THE NEXT.



FINISHING THE CAME: THE CAME ENDS WHEN ALL PLAYERS HAVE COMPLETED THE COURSE.



DETERMINING THE WINNER: THE WINNER CAN BE DECIDED BASED ON WHO FINISHES WITH THE FEWEST MISTAKES OR IN THE SHORTEST TIME.



THIS OUTDOOR CAME COMBINES CLASSIC HOPSCOTCH WITH FUN AND CREATIVE PHYSICAL CHALLENGES, MAKING IT ENJOYABLE FOR KIDS OF ALL ACES







#### MATERIALS NEEDED:

- PREPARE A BAC FILLED WITH BASIC NATURAL MATERIALS, SUCH AS ROCKS AND LEAVES.
- HAVE A BASKET AVAILABLE WHERE ITEMS WILL BE DISPLAYED.



#### STARTING THE CAME:

- THE FIRST CHILD TAKES AN ITEM FROM THE BAC, FOR EXAMPLE, A ROCK, AND ANNOUNCES, "I FOUND A ROCK IN THE FOREST."
- THEY THEN PLACE THE ROCK IN THE BASKET WHERE EVERYONE CAN SEE IT.



#### CONTINUING THE CAME:

- THE NEXT CHILD TAKES AN ITEM, LIKE A LEAF, AND SAYS, "WE SAW A ROCK AND A LEAF IN THE FOREST," REFERENCING BOTH THE NEW ITEM AND THE ITEMS ALREADY MENTIONED AND PLACED IN THE BASKET.
- THIS CHILD THEN PLACES THE LEAF IN THE BASKET.



#### MEMORY CHALLENCE:

- THIS PROCESS CONTINUES WITH EACH CHILD TAKING TURNS TO DRAW AN ITEM FROM THE BAG, RECITING THE SEQUENCE OF ALL ITEMS PREVIOUSLY MENTIONED BEFORE ADDING THEIR OWN, AND THEN PLACING THEIR ITEM IN THE BASKET.
- OTHER PLAYERS TRY TO REMEMBER THE SEQUENCE IN WHICH EACH MATERIAL WAS TAKEN AND PLACED.

REORDERING THE ITEMS: ONCE ALL ITEMS HAVE BEEN PLACED IN THE BASKET AND ALL TURNS ARE COMPLETE, CHILDREN ATTEMPT TO ARRANCE THE ITEMS OUTSIDE OF THE BASKET IN THE CORRECT ORDER THEY WERE MENTIONED

ENDING THE CAME: THE CAME ENDS WHEN ALL ITEMS ARE CORRECTLY SEQUENCED. OPTIONALLY, YOU CAN CHALLENGE THE CHILDREN TO REPEAT THE MEMORY SEQUENCE WITHOUT LOOKING AT THE BASKET FOR ADDEDDIFFICULTY.







EQUIPMENT NEEDED: YOU'LL NEED TWO STICKS - ONE LONG AND ONE SHORT. PLACE THE SHORT STICK ON THE GROUND.



OBJECTIVE: THE MAIN GOAL IS TO THROW THE LONG STICK AT THE SHORT STICK TO MAKE THE SHORT STICK FLY AS FAR AS POSSIBLE.



TAKING TURNS: EACH PLAYER TAKES TURNS THROWING THE LONG STICK AT THE SHORT STICK. IF A PLAYER MISSES THE SHORT STICK THREE TIMES IN A ROW, IT, S THE NEXT PLAYER, S TURN.



WINNING THE CAME: THE PLAYER WHO MANAGES TO THROW THE SHORT STICK THE FARTHEST DISTANCE WINS.



THIS CAME TESTS ACCURACY AND THROWING SKILLS, PROVIDING A FUN AND COMPETITIVE OUTDOOR ACTIVITY.







FORMING THE CAGE: PLAYERS JOIN HANDS TO FORM A CIRCLE, WHICH ACTS AS THE 'NICHTINGALE CAGE.'



CHOOSING NICHTINGALES: SELECT TWO OR THREE PLAYERS TO BE 'NICHTINGALES' WHO WILL START INSIDE THE CIRCLE.



STARTING THE CAME: THE PLAYERS IN THE CIRCLE CHANT, "THE NICHTINCALE IS IN THE CAGE," AND THEN BRIEFLY LET GO OF EACH OTHER, S HANDS.



NICHTINGALES' ESCAPE: DURING THIS CHANT, THE NICHTINGALES ATTEMPT TO ESCAPE THE CIRCLE BY SLIPPING THROUGH THE CAPS



CLOSING THE CACE: IMMEDIATELY AFTER LETTING GO, THE PLAYERS MUST QUICKLY RECONNECT HANDS TO CLOSE THE CACE AND PREVENT THE NICHTINGALES FROM ESCAPING



WINNING THE CAME: NIGHTINGALES WHO SUCCESSFULLY ESCAPE FROM THE CACE ARE THE WINNERS



THIS CAME TESTS THE REFLEXES AND TEAMWORK OF THE PLAYERS FORMING THE CACE, WHILE OFFERING NICHTINGALES IN CHALLENGE TO ESCAPE SWIFTLY AND CLEVERLY.







CHOOSING A PLAYER: AT THE START OF THE CAME, SELECT ONE PLAYER TO BECIN AS THE FIRST JUMPER.



POSITIONING: THE OTHER PLAYERS LINE UP 20 TO 25 STEPS AWAY FROM THE CHOSEN PLAYER, SPACED 3 TO 4 STEPS APART FROM EACH OTHER.



JUMPING OVER: THE FIRST PLAYER RUNS UP AND LEAPS OVER THE NEAREST PLAYER (WHO IS STANDING WITH A HUNCHED BACK), SAYING "LEAP-FROC" AS THEY JUMP.



FORMATION CHANCE: AFTER JUMPING, THE JUMPER MOVES FORWARD 3 TO 4 STEPS, THEN BENDS DOWN AND HUNCHES THEIR BACK, BECOMING THE NEW LEAP-FROG TARGET.



CONTINUING THE CAME: EACH SUBSEQUENT PLAYER TAKES THEIR TURN TO LEAP OVER THE PLAYER IN FRONT OF THEM, THEN MOVES FORWARD, BENDS DOWN, AND ASSUMES THE HUNCHED POSITION.



ENDING THE CAME: THE CAME ENDS WHEN THE LAST PLAYER IN THE LINE HAS JUMPED OVER ALL OTHER PLAYERS.



THIS CLASSIC PLAYCROUND CAME ENCOURAGES PHYSICAL ACTIVITY AND COORDINATION, PROVIDING FUN AND EXERCISE FOR PLAYERS OF ALL AGES.









FORMING A CIRCLE: THE CHILDREN FORM A CIRCLE AND SELECT ONE PLAYER TO START AS THE THROWER.



STARTING THE CAME: THE THROWER TOSSES THE BALL UPWARD WHILE CALLING OUT A SPECIFIC CHILD'S NAME.



CATCHING AND CALLING: THE CHILD WHOSE NAME IS CALLED MUST CATCH THE BALL. IF SUCCESSFUL, THEY BECOME THE NEW THROWER, TOSS THE BALL UP, AND CALL ANOTHER NAME.



MISSING THE CATCH: IF A CHILD FAILS TO CATCH THE BALL, THEY SHOUT "STOP" WHILE PICKING UP THE BALL. ALL PLAYERS MUST FREEZE WHERE THEY ARE.



COLOR CALL: THE THROWER THEN ANNOUNCES A COLOR, AND ALL PLAYERS MUST QUICKLY TOUCH AN ITEM OF THAT COLOR.



SAFETY AND TACCINC: PLAYERS WHO TOUCH THE CORRECT COLOR ARE SAFE AND CANNOT BE TACCED. IF THE THROWER TACS A PLAYER WHO HASN'T TOUCHED THE CORRECT COLOR, THAT PLAYER BECOMES THE NEW THROWER.



THREE TACS AND YOU'RE OUT: BEING TAGGED THREE TIMES MEANS THAT PLAYER IS OUT OF THE CAME.



THIS CAME COMBINES ELEMENTS OF CATCH, TAC, AND QUICK THINKING, MAKING IT ENCACING AND ENERGETIC FOR CHILDREN.



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# GAME 15 HANDKERCHIEF SNATCH







TEAM FORMATION: DIVIDE PLAYERS INTO TWO TEAMS, TEAM A AND TEAM B. EACH TEAM LINES UP SIDE BY SIDE, FACING EACH OTHER WITH ABOUT TEN STEPS IN BETWEEN.



NEUTRAL PLAYER'S ROLE: A NEUTRAL PLAYER STANDS IN THE MIDDLE BETWEEN THE TWO TEAMS HOLDING A HANDKERCHIEF.



STARTING THE CAME: ON THE NEUTRAL PLAYER'S SIGNAL, THE FIRST PLAYER FROM EACH TEAM RACES TOWARDS THE NEUTRAL PLAYER TO CRAB THE HANDKERCHIEF.



SNATCHING THE HANDKERCHIEF: THE GOAL IS TO GRAB THE HANDKERCHIEF AND RETURN TO YOUR TEAM WITHOUT BEING TAGGED BY THE OPPOSING PLAYER.



TACCING RULES: IF THE OTHER PLAYER CRABS THE HANDKERCHIEF FIRST, ATTEMPT TO TAC THEM BEFORE THEY CAN RUN BACK TO THEIR TEAM. IF TACCED, THAT PLAYER IS OUT OF THE CAME.



CONTINUING THE CAME: THE CAME CONTINUES WITH THE NEXT PLAYERS IN LINE FROM EACH TEAM, REPEATING THE PROCESS.



WINNING THE CAME: THE CAME ENDS WHEN ONE TEAM HAS MORE PLAYERS REMAINING, DECLARING THEM THE WINNERS.



THIS CAME TESTS SPEED, ACILITY, AND STRATECY, AS PLAYERS MUST DECIDE QUICKLY WHETHER TO FOCUS ON CRABBING THE HANDKERCHIEF OR TACCING THEIR OPPONENT.



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## BONUS CAME FERRIS WHEEL







SETUP: ONE CHILD IS DESIGNATED AS THE LEADER AND CIVEN A LONG STICK TO SPIN ON THE GROUND.



#### HOW TO PLAY:

- THE OTHER CHILDREN MOVE AROUND THE SPINNING STICK, TRYING NOT TO STEP ON IT.
- WHILE THE STICK IS SPINNING, THE LEADER AT ANY MOMENT CAN BLOW A WHISTLE.



OBJECTIVE: WHEN THE WHISTLE BLOWS, ALL CHILDREN MUST RUN TOWARD A SPECIFIC TARCET DESIGNATED BY THE TEACHER, WHILE THE LEADER CONTINUES TO SPIN THE STICK.



ELIMINATION: THE LAST CHILD TO REACH THE TARGET OR THE ONE STILL STANDING NEAR THE SPINNING STICK IS ELIMINATED FROM THE ROUND.



WINNING THE CAME: THE CAME CONTINUES IN ROUNDS UNTIL ONLY ONE CHILD REMAINS. THIS CHILD, BEING THE QUICKEST AND BEST AT MAINTAINING BALANCE, WINS THE CAME.



THIS CAME IS CREAT FOR KIDS AS IT COMBINES FUN WITH PRACTICING BALANCE AND QUICK REACTION SKILLS.





## SUMMER CAMES





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## Game 16 BEACH BOWLING













MATERIALS NEEDED: CATHER A BALL AND 10 EMPTY PLASTIC BOTTLES.
ALTERNATIVELY, FOR A FUN VARIATION, YOU CAN USE SAND TO BUILD TOWERS INSTEAD OF USING BOTTLES.



SETUP: ARRANCE THE PLASTIC BOTTLES OR SAND TOWERS IN A TRIANCLE FORMATION.



FORMING TEAMS: DIVIDE THE CHILDREN INTO TWO TEAMS.



PLAYING THE CAME: THE OBJECTIVE IS TO KNOCK OVER ALL THE BOTTLES OR SAND TOWERS USING AS FEW THROWS OF THE BALL AS POSSIBLE.



ROUNDS: DECIDE ON THE NUMBER OF ROUNDS TO PLAY IN ADVANCE-COMMON CHOICES ARE 5 OR 10 ROUNDS.



SCORING: EACH TEAM KEEPS TRACK OF THE TOTAL NUMBER OF THROWS THEY TAKE TO KNOCK OVER THE BOTTLES EACH ROUND. THE TEAM WITH THE LOWEST TOTAL SCORE AT THE END OF ALL ROUNDS WINS.



NO SPECIAL EQUIPMENT NEEDED: ONE OF THE BENEFITS OF BEACH BOWLING IS THAT NO SPECIAL SHOES OR EQUIPMENT ARE REQUIRED, MAKING IT EASY AND ACCESSIBLE.



THIS CAME ENCOURACES TEAMWORK AND PRECISION AND CAN BE A FUN AND ENCACING ACTIVITY ON THE BEACH OR ANY SUITABLE OUTDOOR AREA.









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## CAMO 17 SAND DARTS CAME







MATERIALS NEEDED: CATHER SMALL BALLS, PEBBLES, OR SEASHELLS FOR THROWING.



### SETTING UP THE TARGET:

- OPTION 1: DRAW A TARCET IN THE SAND WITH CONCENTRIC CIRCLES, SIMILAR TO A DARTBOARD, USING YOUR FINGER OR A SEASHELL.
- OPTION 2: DIC A HOLE IN THE SAND TO USE AS THE TARCET.



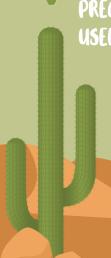
- FOR THE DRAWN TARCET: PLAYERS TAKE TURNS THROWING THEIR CHOSEN ITEMS TOWARD THE TARCET. POINTS ARE AWARDED BASED ON HOW CLOSE TO THE CENTER EACH ITEM LANDS. THE PLAYER WITH THE MOST POINTS WINS.
- FOR THE HOLE TARCET: PLAYERS ATTEMPT TO THROW THEIR PEBBLES INTO THE HOLE. THE WINNER IS THE PLAYER WHO GETS THE MOST PEBBLES INTO THE HOLE WITH THE FEWEST THROWS.



- DRAWN TARGET CAME: THE WINNER IS THE PERSON WHO SCORES THE MOST POINTS BY LANDING THEIR PEBBLES CLOSEST TO THE CENTER.
- HOLE TARGET CAME: THE WINNER IS THE ONE WHO SUCCESSFULLY THROWS THE MOST PEBBLES INTO THE HOLE USING THE FEWEST ATTEMPTS.



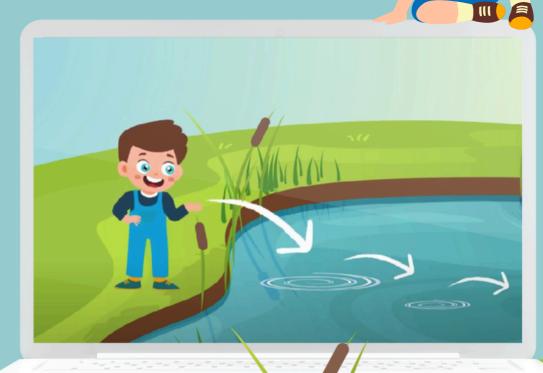
THIS CAME CAN BE A FUN BEACH ACTIVITY THAT TESTS PLAYERS' AIM AND PRECISION, OFFERING DIFFERENT CHALLENGES BASED ON THE TYPE OF TARGET USED.





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# Ganle 18 FROCS



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MATERIALS NEEDED: CATHER FLAT PEBBLES OR SEASHELLS THAT ARE IDEAL FOR SKIPPING.



SETTING UP THE TARGET: THE GOAL IS TO THROW YOUR STONE OR SHELL SO THAT IT BOUNCES ON THE WATER'S SURFACE AS MANY TIMES AS POSSIBLE BEFORE SINKING.



#### HOW TO PLAY:

- STAND BY THE WATER'S EDGE.
  - HOLD YOUR STONE OR SHELL FLAT BETWEEN YOUR THUMB AND FOREFINGER.
  - FLICK YOUR WRIST TO THROW THE STONE SIDEWAYS ONTO THE WATER, AIMING FOR A LOW ANGLE TO MAXIMIZE BOUNCES.



#### SCORTNC:

- CASUAL PLAY: SIMPLY OBSERVE AND COUNT HOW MANY TIMES THE STONE BOUNCES WITH EACH THROW.
- COMPETITION MODE: EACH PLAYER CETS A SET NUMBER OF THROWS (E.C., FIVE). COUNT THE TOTAL NUMBER OF BOUNCES FROM ALL THROWS TO DETERMINE THE WINNER.



THE PLAYER WHOSE STONE SKIPS THE MOST TIMES ACROSS THE WATER IN THEIR TOTAL THROWS IS THE WINNER.



THIS CAME IS A FUN WAY TO PRACTICE HAND-EYE COORDINATION AND ENJOY THE PHYSICS OF WATER AND MOTION, PERFECT FOR BEACH OUTINGS





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## GAME 19 TUGOF WAR







MATERIALS NEEDED: YOU WILL NEED A LONG ROPE.



TEAM FORMATION: DIVIDE THE PARTICIPANTS INTO TWO TEAMS, ARRANCING THEM EVENLY ON BOTH SIDES OF THE ROPE. PLACE SMALLER OR WEAKER PLAYERS IN THE MIDDLE AND STRONGER PLAYERS AT THE ENDS FOR BALANCE.



#### SETTING UP THE CAME:

- LAY THE ROPE ON THE CROUND AND MARK A LINE IN THE MIDDLE, EITHER WITH A PIECE OF CHALK, TAPE, OR BY PLACING AN OBJECT.
- EXTEND THE ROPE SO THAT EACH TEAM IS ON ONE SIDE OF THE MARKED LINE.



STARTING THE CAME: ON THE SIGNAL (SOMEONE SHOUTING "CO"), BOTH TEAMS START PULLING THE ROPE AS HARD AS THEY CAN TOWARDS THEIR SIDE.



WINNING THE CAME: THE CAME CONTINUES UNTIL ONE TEAM IS PULLED OVER THE MARKED LINE, INDICATING THAT THE OTHER TEAM HAS WON.



"TUC OF WAR" IS A CLASSIC TEST OF STRENCTH AND TEAMWORK, IDEAL FOR BOTH CHILDREN AND ADULTS, PROVIDING A PHYSICAL AND FUN CHALLENGE.



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MATERIALS NEEDED: CATHER POTATO SACKS OR SIMILAR SACKS FOR EACH PARTICIPANT. PILLOWCASES CAN ALSO BE USED IF SACKS ARE NOT AVAILABLE.



CETTING READY: PARTICIPANTS EACH PUT BOTH LEGS INSIDE A SACK, PULLING IT UP TO AROUND THEIR WAIST.



STARTING THE RACE: LINE UP ALL PARTICIPANTS AT A DESIGNATED STARTING POINT.



HOW TO RACE: ON A CIVEN SICNAL (LIKE SOMEONE SHOUTING "CO!"),
PARTICIPANTS HOP FORWARD TOWARD A PREDETERMINED FINISH LINE.



WINNING THE CAME: THE FIRST PERSON TO HOP ACROSS THE FINISH LINE WHILE STAYING IN THEIR SACK WINS THE RACE.



THE SACK RACE IS A FUN AND ENERCETIC CAME THAT CHALLENCES BALANCE AND COORDINATION, PERFECT FOR OUTDOOR CATHERINGS AND EVENTS.





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MATERIALS NEEDED: YOU WILL NEED LARCE PLASTIC CUPS, ONE FOR EACH PARTICIPANT, AND ONE CUP FILLED WITH WATER.



SETTING UP: LINE UP THE CHILDREN IN A SINCLE FILE, EACH HOLDING AN EMPTY PLASTIC CUP. THE FIRST PERSON IN LINE RECEIVES THE CUP FILLED WITH WATER.



BLINDFOLD THE PARTICIPANTS: PLACE BLINDFOLDS ON ALL PARTICIPANTS TO ADD A CHALLENGE.



CAME OBJECTIVE: THE COAL IS TO TRANSFER THE WATER FROM THE FIRST PERSON'S CUP TO THE NEXT PERSON'S CUP BY POURINC IT OVER THEIR HEAD INTO THE CUP HELD BY THE PERSON DIRECTLY BEHIND THEM, WITHOUT TURNING AROUND TO LOOK.



ENDING THE CAME: THE LAST PERSON IN LINE POURS THE REMAINING WATER INTO A BUCKET.



DISCUSSION: AFTER THE CAME, DISCUSS HOW WELL THE WATER WAS TRANSFERRED AND WHO MIGHT HAVE SPILLED THE MOST, FOCUSING ON THE IMPORTANCE OF COMMUNICATION AND COORDINATION.



THIS CAME IS A FUN WAY TO BUILD TEAMWORK, ATTENTION SKILLS, AND COORDINATION AMONG PLAYERS.





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## Game 22 WATER BALLOON









FORMING TEAMS: DIVIDE THE PLAYERS INTO TWO TEAMS.



EQUIPMENT NEEDED: EACH TEAM NEEDS A BUCKET AND SEVERAL WATER BALLOONS.



#### PLAYING THE CAME:

- POSITION TEAMS AT A REASONABLE DISTANCE FROM EACH OTHER SO THEY CAN COMFORTABLY THROW WATER BALLOONS TO THE OPPOSING TEAM.
- ON THE SICNAL, PLAYERS START THROWING WATER BALLOONS AT THE OPPOSING TEAM WHILE TRYING TO CATCH THOSE THROWN AT THEM.



#### CATCHING AND COLLECTING:

- AFTER CATCHING A WATER BALLOON, EACH PLAYER TRIES TO DEPOSIT IT INTO THEIR TEAM'S BUCKET WITHOUT POPPING IT.
- ONLY UNPOPPED BALLOONS IN THE BUCKET COUNT TOWARDS THE FINAL SCORE.



- THE CAME ENDS WHEN ALL BALLOONS HAVE BEEN THROWN AND CAUCHT.
- THE TEAM WITH THE MOST UNPOPPED BALLOONS IN THEIR BUCKET WINS.
- THIS CAME IS PERFECT FOR HOT DAYS, OFFERING LOTS OF LAUCHS AND A CREAT WAY TO COOL DOWN.









TEAM FORMATION: FORM TWO TEAMS, EACH CONSISTING OF TWO PLAYERS. THIS CAME IS IDEALLY PLAYED WITH FOUR PEOPLE.



SETUP: IN EACH TEAM, ONE PLAYER SITS ON THE SHOULDERS OF THEIR TEAMMATE. THE WATER SHOULD BE DEEP ENOUGH TO HELP THE BOTTOM PLAYER STAY AFLOAT BUT SHALLOW ENOUGH FOR SAFETY.



OBJECTIVE: THE AIM IS FOR THE TOP PLAYERS TO TRY TO PUSH THE OPPOSING TOP PLAYER INTO THE WATER.



#### PLAYING THE CAME:

- THE BOTTOM PLAYERS USE THEIR STRENGTH AND BALANCE TO KEEP THEIR TEAMMATE ABOVE WATER AND MANEUVER AROUND.
- THE TOP PLAYERS ENCACE IN TRYING TO PUSH OR TOPPLE THE OPPOSING TOP PLAYER INTO THE WATER.



#### WINNING THE CAME:

- THE CAME CONTINUES UNTIL ONE OF THE TOP PLAYERS FALLS INTO THE WATER.
- THE TEAM WHOSE TOP PLAYER REMAINS UNTOPPLED WINS THE CAME.









MATERIALS NEEDED: CATHER A VOLLEYBALL NET (OR SIMILAR NET), TOWELS. AND A BALL.



FORMING TEAMS: DIVIDE THE STUDENTS INTO TWO TEAMS, WITH EITHER 2 OR 4 KIDS ON EACH SIDE.



CAME SETUP: EACH TEAM TAKES A POSITION ON OPPOSITE SIDES OF THE NET. TEAMS USE A TOWEL HELD BETWEEN THEM TO SERVE AND RETURN THE BALL.



#### PLAYING THE CAME:

- THE OBJECTIVE IS TO USE THE TOWEL TO HIT THE BALL OVER THE NET, AIMING TO MAKE IT LAND ON THE OPPONENT, S SIDE.
- THE OPPOSING TEAM MUST CATCH THE BALL IN THEIR TOWEL AND SEND IT BACK OVER THE NET.



WINNING POINTS: POINTS ARE SCORED WHEN THE BALL HITS THE CROUND ON THE OPPONENT'S SIDE OF THE COURT.



TEAMWORK AND STRATECY: PLAYERS MUST WORK TOGETHER TO MANEUVER THE TOWEL, MAKING STRATEGIC PLAYS TO CATCH AND RETURN THE BALL EFFECTIVELY.



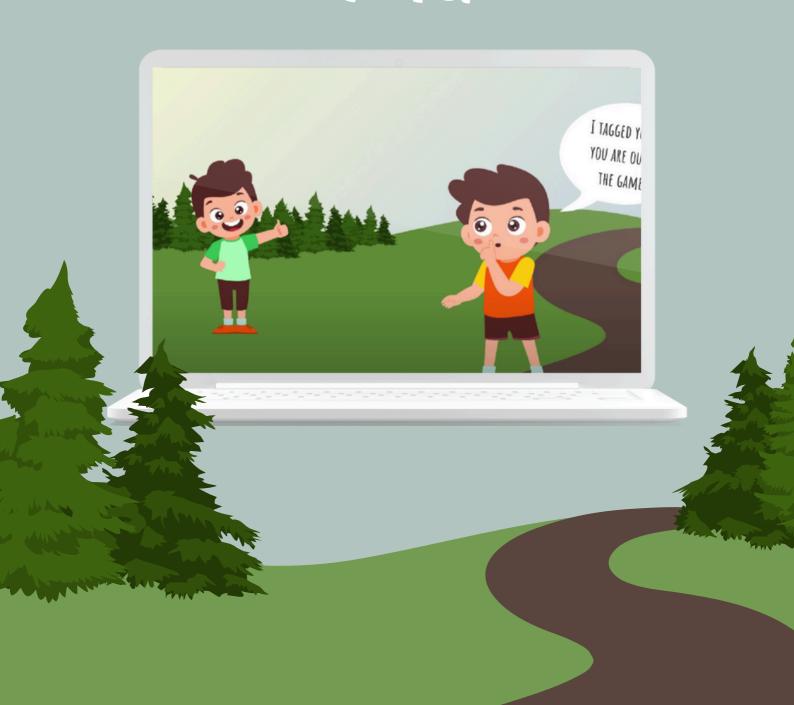
THIS VARIATION ADDS A FUN TWIST TO TRADITIONAL VOLLEYBALL,





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## Game 25









BECOMING 'IT': ONCE A PLAYER IS TACCED, THEY BECOME "IT," AND THE PLAYER WHO WAS PREVIOUSLY "IT" IS NO LONGER "IT."

#### **VARIATIONS:**

- NO TAC-BACKS: TO PREVENT IMMEDIATE RETALIATION, SOME VARIANTS INCLUDE A "NO TAC-BACKS" RULE, WHERE YOU CANNOT TACTHE PERSON WHO JUST TACCED YOU.
- ELIMINATION: IN SOME VERSIONS, ONCE TACGED, A PLAYER IS OUT OF THE CAME. THE LAST PLAYER REMAINING BECOMES THE WINNER.
- MULTIPLE 'ITS': IN OTHER VARIATIONS, TACCED PLAYERS REMAIN "IT" ALONG WITH THE ORIGINAL "IT," INCREASING THE DIFFICULTY FOR UNTACCED PLAYERS.

CONTINUING PLAY: THE CAME CAN CONTINUE INDEFINITELY WITH PLAYERS TAKING TURNS BEING "IT," OR UNTIL SPECIFIC CONDITIONS (LIKE ALL PLAYERS BECOMING "IT") ARE MET.





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# GAMIC 26 HEAD, SHOULDERS, KNEES AND BALLL









FORMING PAIRS: DIVIDE THE KIDS INTO PAIRS. EACH PAIR SITS ON THE CROUND WITH THEIR FEET TOUCHING AND A SMALL BALL PLACED BETWEEN THEM.

CAME START: THE TEACHER WILL CALL OUT BODY PARTS ("HEAD, SHOULDERS, KNEES") IN A RANDOM SEQUENCE. THE CHILDREN MUST TOUCH THE CALLED BODY PART WITH THEIR HANDS.

CRABBING THE BALL: WHEN THE TEACHER CALLS "BALL," THE KIDS MUST QUICKLY CRAB THE BALL BETWEEN THEM.

WINNING THE CAME: THE FIRST KID IN EACH PAIR TO CRAB THE BALL WINS THAT ROUND.

THIS CAME IS DESIGNED TO ENHANCE REACTION TIME AND COORDINATION AS KIDS LISTEN FOR CUES AND REACT SWIFTLY TO WIN.



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## Game 27 LITTLE FISH









- EQUIPMENT SETUP: YOU'LL NEED A ROPE (1.5-2M LONG) WITH A SOFT BALL OR SPONCE TIED TO THE END. PLACE AROUND 20+ SMALL PLASTIC BALLS (OR STONES OR PINE CONES IF OUTDOORS) NEAR THE FEET OF THE CAME LEADER.
- POSITIONING THE LEADER: THE CAME LEADER (E.C., A TEACHER) STANDS IN THE MIDDLE OF THE PLAYING AREA AND SPINS AROUND, SWINGING THE ROPE WITH THE BALL OR SPONGE.
- FORMING TEAMS: DIVIDE THE KIDS INTO 2 TO 4 TEAMS. EACH TEAM LINES UP ABOUT 10 METERS AWAY FROM THE LEADER.
- THE OBJECTIVE: KIDS TAKE TURNS RUNNING TOWARDS THE LEADER TO CRAB ONE "LITTLE FISH" (SMALL BALL) AND THEN RETURN TO THEIR TEAM. THE NEXT PLAYER CAN ONLY START RUNNING ONCE THE PREVIOUS ONE HAS RETURNED TO THEIR TEAM LINE.
- AVOIDING THE ROPE: IF A PLAYER IS HIT BY THE SWINGING ROPE OR SPONGE WHILE TRYING TO GRAB A BALL, THEY MUST RETURN TO THEIR TEAM EMPTY-HANDED.
- ENDING THE CAME: THE CAME CONTINUES UNTIL ALL THE SMALL BALLS HAVE BEEN COLLECTED. THE WINNER IS THE TEAM THAT HAS COLLECTED THE MOST "LITTLE FISH."
- THIS CAME ENCOURACES QUICK THINKING, ACILITY, AND TEAM COORDINATION, PROVIDING A FUN AND ENERCETIC CHALLENGE FOR THE PLAYERS.







#### SETTING UP:

- ONE PLAYER, ACTING AS THE ORGANIZER, SELECTS CARDBOARD LETTERS TO SPELL OUT A SPECIFIC WORD.
- THE ORCANIZER THEN HIDES THESE LETTERS AROUND THE PLAYING AREA —THIS CAN INCLUDE TREES, UNDER STONES, IN BUSHES, ETC., WHILE THE OTHER PLAYERS WAIT OUTSIDE THE AREA.



STARTING THE CAME: ONCE THE LETTERS ARE HIDDEN, PLAYERS ARE ALLOWED INTO THE AREA TO START SEARCHING.



#### **SEARCHING FOR LETTERS:**

- PLAYERS LOOK FOR THE LETTERS BY CLIMBING TREES, LIFTING ROCKS, AND EXPLORING BUSHES.
  - AS PLAYERS FIND LETTERS, THEY BEGIN TO PIECE TOGETHER THE POSSIBLE WORD, USING THE FOUND LETTERS TO CUIDE FURTHER SEARCHES.



#### **CUESSING THE WORD:**

- THE CAME CONTINUES UNTIL ALL LETTERS ARE FOUND.
- PLAYERS ATTEMPT TO CUESS THE WORD USING THE LETTERS THEY HAVE COLLECTED.



WINNING THE CAME: THE WINNER IS EITHER THE FIRST PLAYER TO CORRECTLY ANNOUNCE THE FULL WORD OR THE ONE WHO FINDS ALL THE NECESSARY LETTERS TO FORM THE WORD.

FUN AND ENCACING CAME THAT COMBINES PHYSICAL ACTIVITY WITH WORD PUZZLE SOLVING, PERFECT FOR PLAYERS WHO ENJOY OUTDOOR ADVENTURES AND CHALLENCES.



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## CAMIC 29 NATURE MATCHING CAME









#### MATERIALS NEEDED:

- CATHER PAIRS OF NATURAL MATERIALS LIKE ROCKS, SEASHELLS, AND PEBBLES. EACH PAIR SHOULD MATCH IN COLOR, SHAPE, OR SIZE (E.C., TWO RED ROCKS, TWO PINK SEASHELLS).
- WRAP EACH ITEM IN RECYCLED NEWSPAPER TO FORM PAPER BALLS.



PREPARING THE CAME: IF YOU HAVE 18 CHILDREN, PREPARE 9 PAIRS OF THESE NATURAL MATERIALS, RESULTING IN 18 WRAPPED PAPER BALLS.



#### STARTING THE CAME:

- DISTRIBUTE ONE PAPER BALL TO EACH CHILD.
- HAVE ALL THE CHILDREN FORM A CIRCLE.



#### PLAYING THE CAME:

- ON A SICNAL, EVERY CHILD THROWS THEIR PAPER BALL INTO THE CENTER OF THE CIRCLE.
- AFTER ALL THE BALLS ARE IN THE MIDDLE, EACH CHILD THEN PICKS UP ONE PAPER BALL (DIFFERENT FROM THEIR ORIGINAL IF POSSIBLE).



FINDING PAIRS: CHILDREN UNWRAP THE PAPER BALLS AND BEGIN TO FIND THE PERSON WITH THE MATCHING NATURAL MATERIAL TO THEIR OWN.



WINNING THE CAME: THE CAME CAN CONTINUE UNTIL ALL CHILDREN HAVE SUCCESSFULLY FOUND THEIR MATCHING PAIR.



THIS CAME IS EXCELLENT FOR TEACHING CHILDREN ABOUT NATURAL MATERIALS AND RECYCLING, WHILE ALSO ENCOURACING SOCIAL INTERACTION AND OBSERVATIONAL SKILLS.







FORMING THE CHAIN: KIDS LINE UP ONE BEHIND THE OTHER, EACH HOLDING THE WAIST, SHOULDERS, OR HANDS OF THE PERSON IN FRONT. THIS FORMS A "CHAIN" OR "WORM."



CAME OBJECTIVE: THE COAL IS TO KEEP THE CHAIN CONNECTED.
THE KID AT THE FRONT OF THE LINE TRIES TO TAC THE LAST
PERSON IN THE LINE WITHOUT BREAKING THE CHAIN.



PLAYING THE CAME: THE FRONT PERSON MANEUVERS TO REACH THE LAST PERSON, WHILE EVERYONE IN THE CHAIN MUST MOVE TOGETHER TO AVOID BREAKING APART.



CAME ENVIRONMENT: NO SPECIAL EQUIPMENT IS NEEDED FOR THIS CAME, AND IT CAN BE PLAYED IN ANY OPEN SPACE.



THIS CAME ENCOURACES TEAMWORK AND COORDINATION AS THE KIDS WORK TOCETHER TO MAINTAIN THE CHAIN WHILE MOVING DYNAMICALLY.







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# BACK-TO-BACK BALL CARRYING CAME







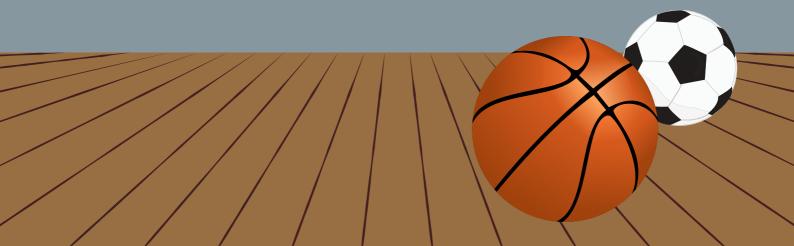


PAIRING UP: CHILDREN PAIR UP AND STAND BACK-TO-BACK WITH THEIR PARTNER.



#### SETTING THE CAME:

- EACH PAIR PLACES A BALL BETWEEN THEIR BACKS.
- DESIGNATE A FINISH LINE AT A REASONABLE DISTANCE FROM THE STARTING POINT.
- STARTING THE CAME: ON A SIGNAL, EACH PAIR TRIES TO WALK TOGETHER TO THE DESIGNATED LINE, KEEPING THE BALL BETWEEN THEIR BACKS WITHOUT USING THEIR HANDS.
- COMPLETING THE TASK: THE COAL IS TO REACH THE FINISH LINE WITHOUT DROPPING THE BALL. IF THE BALL FALLS, THE PAIR MUST RETURN TO THE STARTING LINE AND BEGIN ACAIN.
- WINNING: THE FIRST PAIR TO REACH THE FINISH LINE WITH THE BALL STILL BETWEEN THEIR BACKS WINS THE CAME.
- THIS CAME CAN BE PLAYED INDOORS OR OUTDOORS AND IS EXCELLENT FOR DEVELOPING TEAMWORK AND COORDINATION AMONG CHILDREN. IT'S A FUN ACTIVITY FOR TIMES WHEN OUTDOOR PLAY ISN'T POSSIBLE.





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# COINC THROUGH THE CIRCLE







FORMING TEAMS: DIVIDE THE CHILDREN INTO GROUPS, EACH CROUP RECEIVING ONE HULA HOOP.

#### CAME SETUP:

- EACH CROUP LINES UP, HOLDING HANDS.
- THE HULA HOOP STARTS AT ONE END OF THE LINE.

#### PLAYING THE CAME:

- ON A SIGNAL, THE FIRST PERSON IN EACH LINE BEGINS TO PASS THE HULA HOOP OVER THEMSELVES AND ON TO THE NEXT PERSON IN LINE, WITHOUT ANYONE LETTING GO OF THEIR HANDS.
- THE HULA HOOP MUST BE MANEUVERED OVER EACH TEAM MEMBER UNTIL IT REACHES THE END OF THE LINE.

OBJECTIVE: THE CROUP MUST THEN WORK THE HULA HOOP BACK TO THE STARTING PERSON, CONTINUING TO PASS THE HOOP WITHOUT LETTING GO OF HANDS.

WINNING THE CAME: THE FIRST CROUP TO SUCCESSFULLY NAVICATE THE HULA HOOP BACK TO THE STARTING POINT WITHOUT BREAKING HAND CONTACT WINS THE CAME.

THIS ACTIVITY IS PERFECT FOR PROMOTING TEAMWORK AND COORDINATION, AS WELL AS PROVIDING A FUN AND ENCACING CHALLENGE FOR CHILDREN.



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### MATERIALS NEEDED:

- 9 CONES.
- CAPS IN TWO DIFFERENT COLORS (ENOUGH FOR EACH TEAM, ONE COLOR PER TEAM).



SETTING UP THE CAME: ARRANCE THE CONES IN A CRID OF THREE ROWS AND THREE COLUMNS TO CREATE A TIC TAC TOE BOARD.



FORMING TEAMS: DIVIDE PLAYERS INTO TWO CROUPS. EACH CROUP CHOOSES A COLOR OF CAPS TO REPRESENT THEIR MARKERS (E.C., CREEN CAPS FOR "X" AND RED CAPS FOR "O").



### PLAYING THE CAME:

- TEAMS TAKE TURNS PLACING A CAP ON ONE OF THE CONES.
- EACH CAP PLACED ON A CONE REPRESENTS A MOVE IN THE CAME OF TIC TAC TOE.



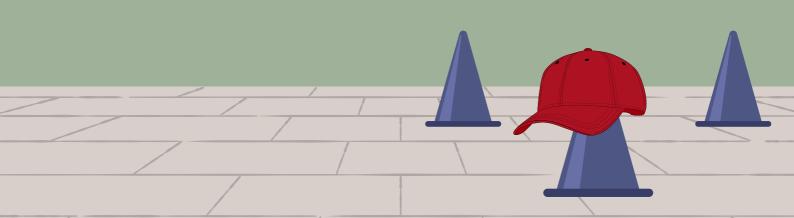
OBJECTIVE: THE COAL IS TO FORM A STRAIGHT LINE OF THREE CAPS IN YOUR COLOR, WHICH CAN BE HORIZONTAL, VERTICAL, OR DIAGONAL.



WINNING THE CAME: THE FIRST TEAM TO ALIGN THREE OF THEIR COLORED CAPS IN A ROW WINS THE CAME.



THIS VERSION OF TIC TAC TOE IS CREAT FOR OUTDOOR OR INDOOR PLAY, OFFERING A FUN TWIST ON A CLASSIC CAME THAT ENHANCES STRATECIC THINKING AND TEAMWORK. IT'S ALSO EASY TO SET UP AND PORTABLE, MAKING IT IDEAL FOR VARIOUS SETTINGS.







- MATERIALS NEEDED: YOU WILL NEED 2 BALLS, ONE FOR EACH TEAM.
- FORMING TEAMS: DIVIDE PLAYERS INTO TWO TEAMS, EACH TEAM FORMING A SINGLE LINE.
- STARTING THE CAME: CIVE A BALL TO THE FIRST PLAYER IN EACH LINE.
- PLAYING THE CAME:
  - ON THE SICNAL TO START, THE FIRST PLAYER IN EACH LINE PASSES THE BALL BETWEEN THEIR LEGS TO THE PLAYER STANDING DIRECTLY BEHIND THEM.
  - THIS CONTINUES, WITH EACH PLAYER PASSING THE BALL BETWEEN THEIR LEGS TO THE NEXT, UNTIL THE BALL REACHES THE LAST PLAYER IN LINE.
- RUNNING TO THE FRONT: ONCE THE LAST PLAYER RECEIVES THE BALL, THEY RUN TO THE FRONT OF THE LINE AND START THE PROCESS AGAIN BY PASSING THE BALL BETWEEN THEIR LEGS TO THE NEXT PLAYER.
- OBJECTIVE: THE CAME CONTINUES IN THIS MANNER UNTIL THE PLAYER WHO STARTED AT THE FRONT OF THE LINE RETURNS TO THAT POSITION.
- WINNING THE CAME: THE TEAM THAT COMPLETES THE ENTIRE SEQUENCE FIRST, WITH THE ORIGINAL FRONT PLAYER BACK IN POSITION, WINS THE CAME.
- THIS CAME IS EXCELLENT FOR ENHANCING COORDINATION, COMMUNICATION, AND TEAMWORK, MAKING IT A FUN AND ENCACING ACTIVITY FOR CROUPS.









MATERIALS NEEDED: CHOOSE AN OBJECT TO HIDE. THIS CAN BE ANY SMALL ITEM LIKE A BALL, A TOY, OR A HOUSEHOLD OBJECT.



CHOOSING THE FINDER: SELECT ONE PLAYER TO BE THE 'FINDER' OR 'SEEKER'. THE OTHER PLAYERS WILL BE RESPONSIBLE FOR HIDING THE OBJECT AND CIVING CLUES.



HIDING THE OBJECT: THE FINDER CLOSES THEIR EYES OR TURNS AWAY, WHILE THE OTHER PLAYERS HIDE THE OBJECT SOMEWHERE WITHIN THE DESIGNATED PLAY AREA.



STARTING THE SEARCH: ONCE THE OBJECT IS HIDDEN, THE FINDER STARTS SEARCHING FOR IT. THE OTHER PLAYERS WATCH THE FINDER'S MOVEMENTS BUT DO NOT MOVE FROM THEIR SPOTS.



### CIVING CLUES:

- AS THE FINDER MOVES AROUND THE AREA, THE OTHER PLAYERS SAY 'HOT' WHEN THE FINDER IS CLOSE TO THE HIDDEN OBJECT AND 'COLD' WHEN THEY ARE FAR AWAY.
- ALTERNATIVELY, PLAYERS CAN USE HAND CLAPPING AS CLUES: CLAPPING FASTER WHEN THE FINDER IS NEAR THE OBJECT AND SLOWER WHEN FARTHER AWAY.



FINDING THE OBJECT: THE CAME CONTINUES UNTIL THE FINDER LOCATES THE HIDDEN OBJECT.



NEXT ROUND: ONCE THE OBJECT IS FOUND, ANOTHER PLAYER CAN TAKE A TURN AS THE FINDER, OR THE ROLES CAN ROTATE AMONG THE CROUP.



FUN AND INTERACTIVE CAME THAT ENHANCES OBSERVATION SKILLS AND SPATIAL AWARENESS, SUITABLE FOR PLAYERS OF ALL ACES.





# GAME 36 SNOWBALL FIGHT







### MATERIALS NEEDED:

- CATHER PAPER THAT'S READY TO BE RECYCLED.
- MASKING TAPE.
- A SPACIOUS INDOOR AREA SUITABLE FOR RUNNING AROUND.



PREPARING THE SNOWBALLS: SCRUNCH UP THE RECYCLED PAPER INTO BALLS TO MAKE "SNOWBALLS." THIS IS ALSO A GOOD ACTIVITY TO HELP DEVELOP FINE MOTOR SKILLS.



SETTING UP THE PLAY AREA: USE MASKING TAPE TO DIVIDE THE PLAY AREA INTO TWO EQUAL HALVES.



FORMING TEAMS: IF PLAYING WITH SEVERAL PEOPLE, DIVIDE INTO TWO TEAMS, ONE FOR EACH SIDE OF THE TAPED LINE.



### PLAYING THE CAME:

- FOR YOUNGER KIDS OR LESS STRUCTURED PLAY, SIMPLY HAVE FUN THROWING PAPER SNOWBALLS AT EACH OTHER AND RUNNING AROUND.
- FOR OLDER KIDS OR WHEN FOLLOWING RULES, DISTRIBUTE AN EQUAL NUMBER OF PAPER SNOWBALLS TO EACH TEAM.



STARTING THE CAME: SET A TIMER FOR THE CAME DURATION (E.C., 5 OR 10 MINUTES).



WINNING THE CAME: ONCE THE TIMER COES OFF, THE TEAM WITH THE FEWEST SNOWBALLS ON THEIR SIDE OF THE PLAY AREA WINS THE CAME.



THIS CAME IS EXCELLENT FOR ACTIVE PLAY AND CAN BE EASILY ADAPTED FOR DIFFERENT ACE CROUPS, MAKING IT A FUN AND ENCACING INDOOR ACTIVITY.



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# Game 37 INDOOR OBSTACLE COURSE





### MATERIALS NEEDED:

- SEVERAL CHAIRS
- A LONG STRIP (AT LEAST 2 METERS)
- TWO BACS OF BEANS (ONE OPENED, ONE UNOPENED)
- A BASKET
- A JUMP ROPE
- A HULA-HOOP

### SETTING UP THE COURSE:

- ARRANCE CHAIRS IN A ROW FOR CRAWLING UNDER OR OVER.
- STRETCH A STRING BETWEEN THE LEGS OF TWO CHAIRS TO CRAWL UNDER.
- PLACE A HULA-HOOP, THE LONG STRIP, AND THE BASKET WITH BEANS SEQUENTIALLY.

### PLAYING THE CAME:

- START: CRAWL UNDER OR OVER THE ROW OF CHAIRS, THEN UNDER THE STRING.
- JUMPING: JUMP INTO AND OUT OF THE HULA-HOOP FIVE TIMES.
- BALANCE BEAM: WALK ALONG THE LONG STRIP ON THE FLOOR WITHOUT STEPPING OFF. IF YOU STEP OFF, RETURN TO THE START OF THE STRIP.
- BEAN TOSS: TAKE A CUP FULL OF BEANS AND THROW AS MANY AS YOU CAN INTO THE BASKET WITHIN ONE MINUTE, TRYING NOT TO DROP ANY OUTSIDE.
- BEANBAC BALANCE: RUN TO CET THE JUMP ROPE WHILE BALANCING A BEANBAC ON YOUR HEAD. IF IT FALLS, RETURN TO THE BASKET AND START THIS PART ACAIN.
- JUMP ROPE RHYME: PERFORM JUMPING JACKS WHILE RECITING THE RHYME 'WINTER, WINTER, COLD AND ICE, A MUC OF HOT CHOCOLATE WOULD BE NICE!' THREE TIMES, EACH FASTER THAN THE LAST.

THE FASTEST TEAM OR PLAYER TO COMPLETE THE ENTIRE COURSE WINS.







### MATERIALS NEEDED:

- SMALL PAPER PLATES
- SCISSORS
- A TALL, STEADY OBJECT (LIKE A BOTTLE OR CANDLESTICK)



#### PREPARATION:

- USE THE SCISSORS TO CUT THE CENTER OUT OF EACH PAPER PLATE, LEAVING A RING ABOUT 2.5 CM WIDE.
- PLACE THE TALL OBJECT (BOTTLE OR CANDLESTICK) ON THE FLOOR AS THE TARCET.



CAME SETUP: MARK A LINE ON THE FLOOR APPROXIMATELY 1.5 METERS AWAY FROM THE TARCET.



### PLAYING THE CAME:

- STAND BEHIND THE LINE AND TRY TO TOSS 10 PAPER PLATE RINGS SO THAT THEY LAND AROUND AND ENCIRCLE THE BOTTLE OR CANDLESTICK.
- IF PLAYING ALONE, TIME YOURSELF TO SEE HOW MANY RINGS YOU CAN SUCCESSFULLY TOSS WITHIN A SET TIME LIMIT.
- IF PLAYING WITH OTHERS, TAKE TURNS TOSSING THE RINGS TO SEE WHO CAN ENCIRCLE THE MOST RINGS AROUND THE BOTTLE.



KEEPING SCORE: CONSIDER COLOR-CODING OR LABELING THE RINGS WITH EACH PLAYER'S NAME TO EASILY DETERMINE WHOSE RING IS WHOSE.



WINNING THE CAME: THE WINNER IS THE PLAYER WHO SUCCESSFULLY ENCIRCLES THE MOST RINGS AROUND THE BOTTLE.



THIS CAME IS A FUN AND SIMPLE WAY TO PRACTICE AIM AND COORDINATION, AND IT CAN BE ENJOYED BY PLAYERS OF ALL ACES, INDOORS OR OUTDOORS.









### MATERIALS NEEDED:

- STYROFOAM BALLS, BALLS OF WHITE YARN, OR WHITE PINC PONC BALLS (REFERRED TO AS "SNOWBALLS")
- SPOONS
- MITTENS FOR EACH TEAM
- A BUCKET

### SETUP:

- DIVIDE THE PLAYERS INTO TEAMS OR SET UP FOR INDIVIDUAL PLAY.
- SET UP A RACE COURSE WITH A STARTING LINE AND A DESIGNATED TURNAROUND POINT OR FINISH LINE, WHERE THE BUCKET IS PLACED.

### PLAYING THE CAME:

- EACH PLAYER OR TEAM MEMBER TAKES TURNS PUTTING ON THE MITTENS AND BALANCING A SNOWBALL ON A SPOON.
- PLAYERS THEN RACE TO THE OTHER SIDE OF THE ROOM OR DESIGNATED AREA, WHERE THEY DROP THE SNOWBALL INTO THE BUCKET.
- AFTER DROPPING THE SNOWBALL, THEY RETURN TO THEIR TEAM AT THE STARTING LINE, PASS THE MITTENS TO THE NEXT PLAYER, AND GO TO THE BACK OF THE LINE.
- RULES FOR DROPPING THE SNOWBALL: IF THE SNOWBALL FALLS OFF THE SPOON AT ANY POINT, THE PLAYER MUST RETURN TO THE STARTING LINE AND BEGIN THEIR TURN ACAIN.
- WINNING THE CAME: THE FIRST PARTICIPANT OR TEAM TO COMPLETE THE COURSE WITHOUT DROPPING THE SNOWBALL WINS THE CAME.











- PAPER SHEETS
- PRINTER
- SCISSORS



### CREATING THE CARDS:

- DESIGN AND PRINT IMAGES ON PAPER SHEETS. ENSURE EACH IMAGE HAS A MATCHING PAIR. OPTIONALLY, ADD ONE CARD WITHOUT A PAIR TO INCREASE THE CAME'S CHALLENCE.
- CUT OUT THE CARDS USING SCISSORS.



### SETTING UP THE CAME:

- SHUFFLE THE CARDS THOROUGHLY.
- LAY THEM FACE DOWN IN A CRID FORMATION ON A FLAT SURFACE.



### PLAYING THE CAME.

- PLAYERS TAKE TURNS FLIPPING OVER TWO CARDS AT A TIME.
- THE COAL IS TO FIND MATCHING PAIRS OF CARDS.
- IF A PLAYER FINDS A PAIR, THEY KEEP THE CARDS AND TAKE ANOTHER TURN



### CONTINUING THE CAME:

- THE CAME CONTINUES UNTIL ALL PAIRS HAVE BEEN MATCHED.
- PLAYERS MUST TRY TO REMEMBER THE POSITIONS OF THE CARDS TO INCREASE THEIR CHANCES OF MATCHING PAIRS.



WINNING THE CAME: THE PLAYER WITH THE MOST PAIRS AT THE END OF THE CAME WINS.

THIS MATCHING CARD CAME IS A FUN AND ENCACING WAY TO ENHANCE MEMORY AND CONCENTRATION SKILLS, SUITABLE FOR PLAYERS OF ALL AGES.





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TACCING: AT ANY RANDOM MOMENT, THE 'LEADER' TAPS ONE OF THE PLAYERS ON THE BACK.

### RACINC:

- THE PLAYER WHO WAS TAPPED AND THE 'LEADER' THEN RACE AROUND THE CIRCLE IN OPPOSITE DIRECTIONS.
- THEIR COAL IS TO BE THE FIRST TO REACH THE SPOT WHERE THE TAPPED PLAYER WAS ORICINALLY STANDING (THE FREE SPACE).
- NEW LEADER: THE PLAYER WHO REACHES THE EMPTY SPACE SECOND BECOMES THE NEW 'LEADER'.
- CAME DURATION: THERE IS NO SET TIME LIMIT FOR THE CAME. CONTINUE PLAYING AS LONG AS YOU LIKE, OR UNTIL PLAYERS DECIDE TO STOP.
- THERE IS NO SET TIME LIMIT FOR THE CAME. CONTINUE PLAYING AS LONG AS YOU LIKE, OR UNTIL PLAYERS DECIDE TO STOP.





- MATERIALS NEEDED: YOU WILL NEED , BALL TO PLAY THE CAME.
- FORMING A CIRCLE: ALL PLAYERS FORM A CIRCLE, STANDING AND FACING EACH OTHER WITHOUT JOINING HANDS.
- STARTING THE CAME: ONE PLAYER STARTS WITH THE BALL AND THROWS IT TO ANOTHER PLAYER IN THE CIRCLE.
- CATCHING AND CROUCHING:
  - THE PLAYER WHO CATCHES THE BALL REMAINS STANDING.
  - THE PLAYERS IMMEDIATELY TO THE LEFT AND RICHT OF THE PLAYER WHO CATCHES THE BALL MUST QUICKLY CROUCH.
- ELIMINATION RULES:
  - IF THE PLAYER WHO CATCHES THE BALL ACCIDENTALLY CROUCHES, THEY ARE OUT OF THE CAME.
  - IF THE ADJACENT PLAYERS (TO THE LEFT AND RICHT) DO NOT CROUCH, THEY ARE ELIMINATED FROM THE CAME.
- CONTINUING THE CAME: THE PLAYER WHO CAUGHT THE BALL THEN THROWS IT TO ANOTHER PLAYER, AND THE SEQUENCE REPEATS.
- ENDING THE CAME: THE CAME CONTINUES UNTIL ONLY THREE PLAYERS ARE LEFT. THESE THREE ARE DECLARED THE WINNERS.











### SETUP:

- NO MATERIALS ARE NEEDED. THE CAME CAN BE PLAYED INDOORS OR OUTDOORS.
- DESIGNATE A 'HOSPITAL' AREA IN THE PLAYING SPACE.



FORMING TEAMS: DIVIDE PLAYERS INTO TWO CROUPS: 'VIRUSES' (CATCHERS) AND 'PATIENTS' (RUNNERS).



#### HOW TO PLAY:

- THE VIRUSES TRY TO CATCH THE PATIENTS BY TAPPING THEM.
- WHEN A PATIENT IS CAUCHT, THEY MUST FALL TO THE FLOOR TO INDICATE THEY ARE "INFECTED."



### RESCUINC PATIENTS:

- UNCAUCHT PATIENTS CAN RESCUE THOSE WHO ARE CAUCHT BY DRACCING THEM BY THEIR ARMS OR LEGS TO THE HOSPITAL.
- ONCE IN THE HOSPITAL, CAUCHT PATIENTS STAY FOR ONE MINUTE. AFTER THIS TIME, THEY ARE CONSIDERED "HEALTHY" AND CAN REJOIN THE CAME AS RUNNERS.



CAME DURATION: THE CAME IS OPEN-ENDED. YOU CAN DECIDE ON THE DURATION BASED ON YOUR PREFERENCE OR CONTINUE PLAYING UNTIL PLAYERS DECIDE TO STOP.



**HOSPITAL** 





MATERIALS NEEDED: YOU WILL NEED A LONG ROPE FOR THIS CAME.





- THE SPINNER SWINCS THE ROPE LOW ALONG THE CROUND IN A CIRCULAR MOTION.
- THE OTHER PLAYERS MUST RUN THROUGH THE SPINNING ROPE TO REACH THE OTHER SIDE WITHOUT TOUCHING IT.
- ELIMINATION: IF A PLAYER TOUCHES THE ROPE WHILE TRYING TO RUN THROUGH, THEY ARE OUT OF THE CAME.
- ENDING THE CAME: THE CAME CONTINUES UNTIL ONLY ONE PLAYER REMAINS. THIS PLAYER IS DECLARED THE WINNER.







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# CATCHING WITH HULA HOOPS

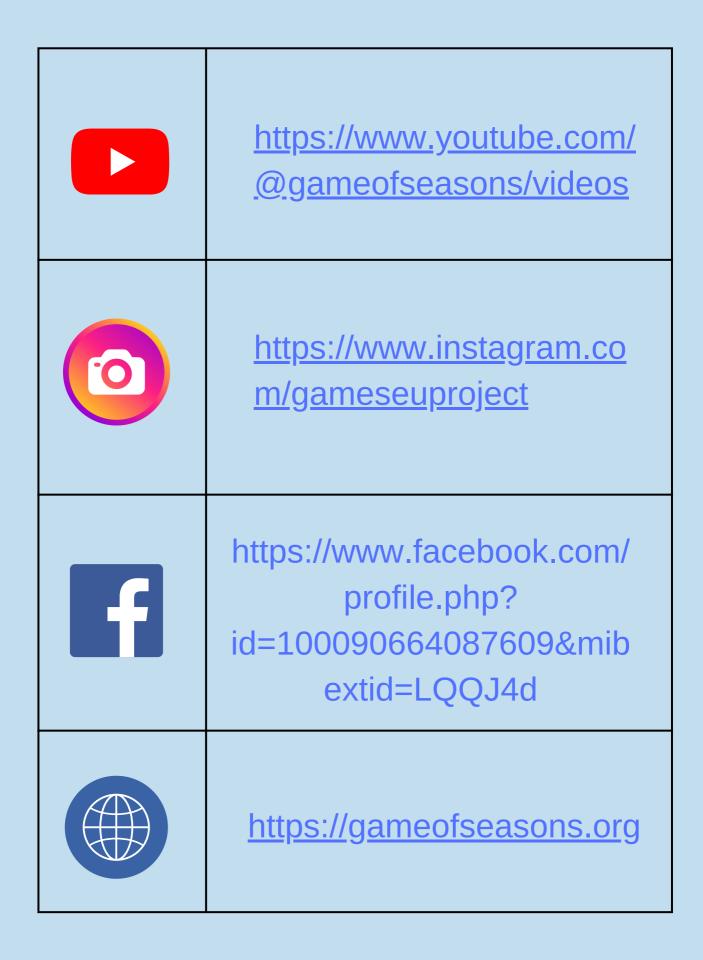




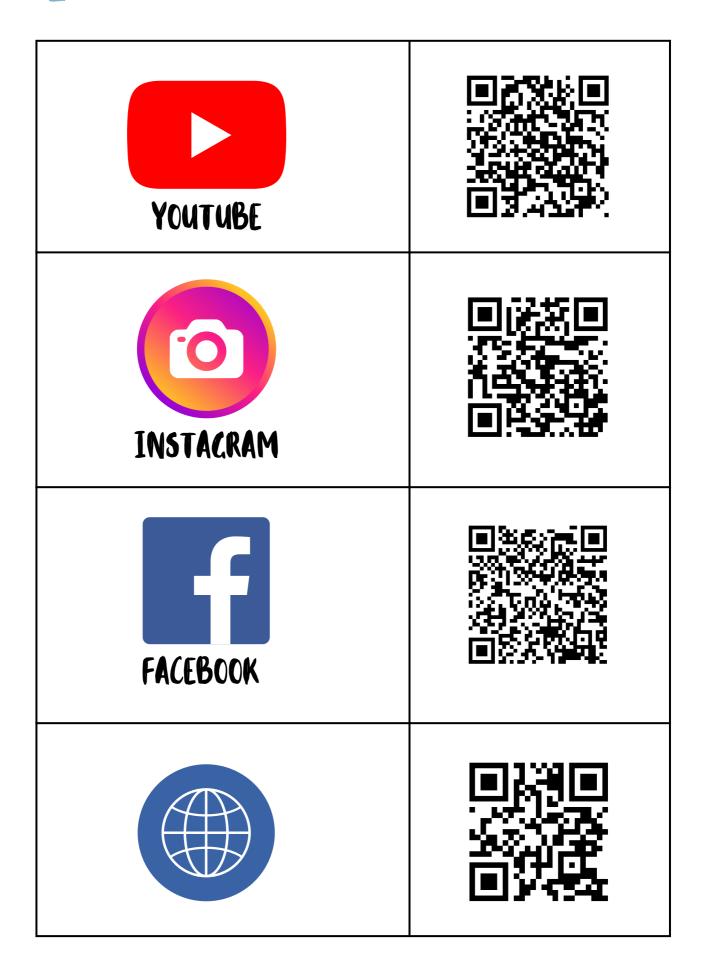
- FORMING TEAMS: DIVIDE PLAYERS INTO TWO CROUPS: CATCHERS AND RUNNERS.
- EQUIPMENT: EACH CATCHER IS EQUIPPED WITH A HULA HOOP RING.
- HOW TO PLAY: CATCHERS ATTEMPT TO CATCH RUNNERS BY PLACING A HULA HOOP OVER THEM.
- SWITCHING ROLES: ONCE A RUNNER IS CAUCHT BY HAVING A HULA HOOP PLACED OVER THEM, THEY BECOME A CATCHER AND THE CATCHER WHO CAUCHT THEM BECOMES A RUNNER.
- CAME DURATION: SET A PREDETERMINED TIME LIMIT FOR THE CAME, SUCH AS 10 OR 15 MINUTES.



### SOCIAL MEDIA ACCOUNTS



### OR CODES FOR THE SOCIAL MEDIA





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